



# REGINA SADDLELITES

# SPRING SPORTS

## MONDAY, MARCH 11TH

### LACROSSE

Premier Sports Center, Shelby Twp.

March 11: **ALL GRADES** 3:30-5:00pm @ PCS

March 13: **ALL GRADES** 3:30-5:00pm @ PCS

March 14: **ALL GRADES** 3:30-5:00pm @ PCS

March 15: **ALL GRADES** 3:30-5:00pm @ PCS

Coach John Dell'Isola coachjohn@machinelax.com

[Varsity Lacrosse Schedule](#) [JV Lacrosse Schedule](#)

**\*\*Varsity & JV Teams\*\***



Lacrosse

### SOCCER

March 11-13: **ALL GRADES** 5:15-7:00pm

Premier Sports Center - Shelby Twp.

Coach Stefano Moraccini reginasoccer@yahoo.com

[Varsity Soccer Schedule](#) [JV Soccer Schedule](#)

**\*\*Varsity & JV Teams\*\***



Soccer

### SOFTBALL

March 11: **9th GRADERS** 4:00-5:30pm

March 11: **10th/11th/12th GRADERS** 5:30-7:00pm

March 12: **9th/10th GRADERS** 4:00-5:30pm

March 12: **JUNIORS/SENIORS** 5:30-7:00pm

March 13: **ALL GRADES** 3:00-5:30pm

March 14: **ALL GRADES** 4:00-6:30pm

Coach Kerri Kelly bobokee30@gmail.com

[Varsity Softball Schedule](#) [JV Softball Schedule](#)

**\*\*Bring outdoor and indoor gear\*\***

**\*\*Varsity & JV Teams\*\***



Softball



# REGINA SADDLELITES

## TENNIS

Peachtree Tennis Club

March 12: **ALL GRADES** 3:00-4:00pm

March 13: **RETURNING VARSITY** 3:00-5:30pm

March 14: **ALL GRADES** 4:00-5:00pm

March 15: **ALL GRADES** 3:00-4:00pm

Coach Courtney Tozzi courtney.tozzi@aol.com

Varsity Tennis Schedule

**\*\*Varsity & JV Teams\*\***



## TRACK & FIELD

March 11 & 12 - Meet outside Chapel 3:30-5:15pm

Plan to be at Regina all week. Practices usually at WWT HS

Coach Gregg Golden gpgolden@wowway.com

Track & Field Schedule



**\*\*All times are subject to change due to weather. Follow on social media for updates. Any changes will be announced during the school day as well.\*\***

**ALL ATHLETES MUST HAVE A COMPLETE FINAL FORMS ACCOUNT, INCLUDING A CURRENT PHYSICAL (DATED ON OR AFTER APRIL 15, 2023), IN ORDER TO ATTEND TRYOUTS.**

IF A STUDENT-ATHLETE WANTS TO PLAY MORE THAN ONE SPRING SPORT, THE STUDENT MUST FIRST MEET WITH MISS FRIKKEN TO RECEIVE A MULTI-SPORT CONTRACT.

ANY QUESTIONS, PLEASE CONTACT THE APPROPRIATE COACH OR REGINA ATHLETIC DIRECTOR, EMILY FRIKKEN '09 AT **EFRIKKEN@REGINAHS.COM** OR 586-585-0500 EXT. 288

[www.reginaathletics.org](http://www.reginaathletics.org)



@RHSSaddlelites



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**Regina High School**

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